

LOVE

DENTISTRY

Does your child experience any of the following?

- Crooked or crowded teeth
- Restless sleep or frequently wake during the night
- Difficulty falling asleep or waking in the morning
- Breathing through the mouth during the day
- Mouth breathing at night when asleep
- Bedwetting or night terrors
- Aggressive behavior
- Swollen adenoids and tonsils
- Hyperactivity/ irritability
- Hard time sitting still
- Difficulty concentrating in school or following instructions
- Snore- even a little
- Grind their teeth at night
- Have dark circles under the eyes
- Chronic or seasonal allergies

These may be signs of an **under-developed airway** which can negatively impact sleep and breathing. If you answered yes to ANY of the above questions, your child may benefit from an evaluation by our certified specialist in orofacial myology. This consultation is free and can be scheduled by calling **(316)444-4109**.

Dalanna Hanson BS, RDH, CSOM is a Registered Dental Hygienist and Certified Specialist in Orofacial Myology. She has devoted her career to prevention as it relates to gum disease, orthodontics and breathing disordered sleep. Dalanna graduated Magna Cum Laude from WSU in 2009. She has been practicing myo-functional therapy since attending the Academy of Orofacial Myo-functional Therapy in 2014. Since then she has furthered her studies through this academy in advanced courses including temporomandibular joint disorder, obstructive sleep apnea, buteyko breathing and frenulum inspection protocols. In 2016 she became a member of the International Association of Orofacial Myology. She has also attended conferences and workshops through the International Affiliation of Tongue tie Professionals, the American Academy of Physiological Medicine and Dentistry, the Academy of Applied Myo-functional Sciences and the Myo-functional Research Center. In 2018 she became the first person in Kansas to receive the distinction of a Certified Specialist in Orofacial Myology through the Graduate School of Behavioral Health Sciences in Cheyenne Wyoming. Dalanna treats incorrect patterns of muscle functions used for swallowing, breathing and chewing. She derives great pleasure in helping patients become their best self by improving their overall health.